

# Rother Valley Country Park

## Windsurfing Courses 2017



### JUNIOR START WINDSURFING

Get the buzz for windsurfing from this fun introduction to the sport, be up and going in just a couple of hours and be wowed at the first time you sail across the water for the first time without falling off.

Course Fee: **£104**

JW1.1	19 <sup>th</sup> , 20 <sup>th</sup> & 21 <sup>st</sup> April	Wed, Thurs, Fri	10.00 – 2.00
JW1.2	29 <sup>th</sup> , 30 <sup>th</sup> & 31 <sup>st</sup> May	Mon, Tue, Wed	10.00 – 2.00
JW1.3	1 <sup>st</sup> & 2 <sup>nd</sup> July	Saturday & Sunday	10.00 – 4.00
JW1.4	14 <sup>th</sup> , 15 <sup>th</sup> & 16 <sup>th</sup> August	Mon, Tue, Wed	10.00 – 2.00

### JUNIOR LEVEL 2 WINDSURFING

This is when things get a lot more exciting, Level 2 ensures things are really moving on up – fast fluid movements look the business and add to speed.

Course Fee: **£104**

JW2.1	9 <sup>th</sup> & 10 <sup>th</sup> September	Saturday & Sunday	9.00 – 3.00
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### START WINDSURFING – ADULTS

A great introduction to the sport, this course teaches you the basics so you are up and sailing very soon, with a little practice you will start to feel confident afloat.

Course Fee: **£131**

W1.1	20 <sup>th</sup> & 21 <sup>st</sup> May	Saturday & Sunday	10.00 – 4.00
W1.2	8 <sup>th</sup> & 9 <sup>th</sup> July	Saturday & Sunday	10.00 – 4.00
W1.3	19 <sup>th</sup> & 20 <sup>th</sup> August	Saturday & Sunday	10.00 – 4.00
W1.4	16 <sup>th</sup> & 17 <sup>th</sup> September	Saturday & Sunday	10.00 – 4.00

### START WINDSURFING – FAMILIES

When was the last time you tried something new as a family? Get wet splashing and laughing on this cool course and be surfing by the end of the weekend.

Course Fee: Adults **£131**, under 16 **£104** or **£315** family of 3 (course's must include 1 under 16)

Additional places **£60** per under 16 as part of a family booking.

FW1.1	15 <sup>th</sup> & 16 <sup>th</sup> July	Saturday & Sunday	10.00 – 4.00
FW1.2	26 <sup>th</sup> & 27 <sup>th</sup> August	Saturday & Sunday	10.00 – 4.00

### INTERMEDIATE WINDSURFING – NON PLANING

Enhance techniques by using the fast forward formula and to introduce the use of the harness. Students should have mastered the practical skills and digested the background knowledge from the Start Windsurfing course.

Course fee: Adults **£131** Under 16 **£104**

### INTERMEDIATE WINDSURFING – PLANING

By the end of this second intermediate course you will begin to feel more confident sailing in stronger winds. This course is the key to getting planing and maintaining blasting control in the foot straps.

Course fee: Adults **£131** Under 16 **£104**

