

# WINDSURFING COURSES - 2011

## JUNIOR START WINDSURFING

Get the buzz for windsurfing from this fun introduction to the sport, be up and going in just a couple of hours and be wowed at the first time you sail across the water for the first time without falling off.

Course Fee: £96

JW1.1	18, 19 & 20 April	Mon, Tue, Wed	10.00 – 2.00
JW1.2	1, 2 & 3 June	Wed, Thurs, Fri	10.00 – 2.00
JW1.3	2 & 3 July	Saturday & Sunday	10.00 – 4.00
JW1.4	17, 18 & 19 August	Wed, Thurs, Fri	10.00 – 2.00

## JUNIOR LEVEL 2 WINDSURFING

This is when things get a lot more exciting, Level 2 ensures things are really moving on up – fast fluid movements look the business and add to speed.

Course Fee: £96

JW2.1	17 & 18 September	Saturday & Sunday	9.00 – 3.00
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## JUNIOR LEVEL 3 WINDSURFING

This is what windsurfing is all about, in a harness, leaning out, skimming across the water, maxed out and simply flying. Don't even think about giving up windsurfing until you've reached this level!

Course Fee: £96

DATES BY ARRANGEMENT (12 HOURS)

## START WINDSURFING – ADULTS

A great introduction to the sport, this course teaches you the basics so you are up and sailing very soon, with a little practice you will start to feel confident afloat.

Course Fee: £117

W1.1	7 & 8 May	Saturday & Sunday	10.00 – 4.00
W1.2	18 & 19 June	Saturday & Sunday	10.00 – 4.00
W1.3	4, 11, 18 & 25 July	Monday Evening	5.30 – 8.30
W1.4	6 & 7 August	Saturday & Sunday	10.00 – 4.00
W1.5	17 & 18 September	Saturday & Sunday	10.00 – 4.00

## START WINDSURFING – FAMILIES

When was the last time you tried something new as a family? Get wet splashing and laughing on this cool course and be surfing by the end of the weekend.

Course Fee: Adults £117, under 16 £96 or £285 family of 3 (course's must include 1 under 16)

Additional places £81 per under 16 as part of a family booking.

FW1.1	23 & 24 April	Saturday & Sunday	10.00 – 4.00
FW1.2	16 & 17 July	Saturday and Sunday	10.00 – 4.00
FW1.3	27 & 28 August	Saturday and Sunday	10.00 – 4.00

## INTERMEDIATE WINDSURFING – NON PLANING

The aim of this level is simply to enhance techniques by using the fast forward formula and to introduce the use of the harness. It will be assumed students have mastered the practical skills and digested the background knowledge from the Start Windsurfing course.

Course fee: Adults £117 Under 16 £96

WNP.1	24 & 25 September	Saturday and Sunday	10.00 – 4.00
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## INTERMEDIATE WINDSURFING – PLANING

By the end of this second intermediate course you will begin to feel more confident sailing in stronger winds. This course is the key to getting planing and maintaining blasting control in the foot straps.

Course Fee: £117, under 16 £96

WP.1	12 & 13 November	Saturday and Sunday	10.00 – 4.00
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## WINDSURFING REFRESHER COURSE

Brush up on those rusty skills. As the title suggests this refresher course is for the windsurfers that may not have been able to get out as much as they would have liked since they completed one of the RYA's windsurfing courses.

Course fee: £75

DATES BY ARRANGEMENT (3 HOURS)

## INTERMEDIATE WINDSURFING CLINICS

Learn the Beach Start and the Non-planning Carve Gybe in this clinic and start to give your windsurfing that professional look.

Course Fee: £40

WCL.1	10 May	Tuesday	5.00 – 7.30
WCL.2	12 July	Tuesday	5.00 – 7.30
WCL.3	6 September	Tuesday	5.00 – 7.30

## WINDSURFING DIRECT ASSESSMENTS

Experienced sailors may wish to have a direct assessment of their skills rather than taking part in a training course. The criteria for each level are outlined for each level in the appropriate sections of the logbook.

Course fee: £75

DATES BY ARRANGEMENT (2 HOURS)