

# SAILING COURSES - 2011

## YOUNG SAILORS AWARD STAGES 1 & 2

This brilliant course has been designed by the Royal Yachting Association to introduce sailing to beginners. By the end of this course you will have the skills, the background knowledge and be well on the way to being a confident small boat sailor.

Course Fee: £112

|       |                 |                     |             |
|-------|-----------------|---------------------|-------------|
| YS2.1 | 12 & 13 April   | Tuesday & Wednesday | 9.00 – 5.00 |
| YS2.2 | 14 & 15 May     | Saturday & Sunday   | 9.00 – 5.00 |
| YS2.3 | 18 & 19 June    | Saturday & Sunday   | 9.00 – 5.00 |
| YS2.4 | 28 & 29 July    | Thursday & Friday   | 9.00 – 5.00 |
| YS2.5 | 25 & 26 August  | Thursday & Friday   | 9.00 – 5.00 |
| YS2.6 | 24 & 25 October | Monday & Tuesday    | 8.30 – 4.30 |

## YOUNG SAILORS AWARD STAGE 3

For those sailors that have already completed the Young Sailors Stage 1 & 2. Upon completion of the Stage 3 you will be able to rig and launch your boat. Your skills and knowledge will mean that you can regard yourself as a sailor, not a beginner!

Course Fee: £112

|       |                 |                   |             |
|-------|-----------------|-------------------|-------------|
| YS3.1 | 28 & 29 May     | Saturday & Sunday | 9.00 – 5.00 |
| YS3.2 | 6 & 7 August    | Saturday & Sunday | 9.00 – 5.00 |
| YS3.3 | 15 & 16 October | Saturday & Sunday | 8.30 – 4.30 |

## YOUNG SAILORS AWARD STAGE 4

The Stage 4 certificate means that you have the skills to sail a double-handed boat as crew or helm, and solve a variety of problems afloat. Passing this course is the natural entry point for the advanced courses in the National Sailing Scheme.

Course Fee: £112

DATES BY ARRANGEMENT (16HOURS)

## START SAILING LEVEL 1 – FAMILIES

What a perfect way for a family to spend the weekend together and learn something new. This course introduces beginners to sailing by combining the Young Sailors Stage 1 & 2 with the National Sailing Scheme Level 1. By the end of the weekend you will have learned the basic skills necessary to be able to take out a small boat on your own.

Course Fee: Adults £143, under 16 £112 or £350 for a family of 3 (must include 1 person under 16)

Additional places £92 per under 16 as part of the family booking.

|        |                 |                   |             |
|--------|-----------------|-------------------|-------------|
| FDL1.1 | 16 & 17 April   | Saturday & Sunday | 9.00 – 5.00 |
| FDL1.2 | 9 & 10 July     | Saturday & Sunday | 9.00 – 5.00 |
| FDL1.3 | 13 & 14 August  | Saturday & Sunday | 9.00 – 5.00 |
| FDL1.4 | 22 & 23 October | Saturday & Sunday | 8.30 – 4.30 |

## START SAILING LEVEL 1 – ADULTS

This course is the introduction to sailing for novices by providing participants with the understanding of boat handling. By the end of the weekend you will have learned the basic skills necessary to be able to take out a small boat on your own. It is recommended by the RYA that this course is consolidated with the Basic Skills level 2 course.

Course Fee: £143

|        |                          |                   |             |
|--------|--------------------------|-------------------|-------------|
| DL1.1  | 5 & 6 March              | Saturday & Sunday | 8.30 – 4.30 |
| DL1.2  | 2 & 3 April              | Saturday & Sunday | 9.00 – 5.00 |
| DL1.3  | 30 April & 1 May         | Saturday & Sunday | 9.00 – 5.00 |
| DL1.4  | 3, 10, 17, 24 & 31 May   | Tuesday Evenings  | 5.30 – 8.30 |
| DL1.5  | 4 & 5 June               | Saturday & Sunday | 9.00 – 5.00 |
| DL1.6  | 2 & 3 July               | Saturday & Sunday | 9.00 – 5.00 |
| DL1.7  | 30 & 31 July             | Saturday & Sunday | 9.00 – 5.00 |
| DL1.8  | 2, 9, 16, 23 & 30 August | Tuesday Evenings  | 5.30 – 8.30 |
| DL1.9  | 20 & 21 August           | Saturday & Sunday | 9.00 – 5.00 |
| DL1.10 | 10 & 11 September        | Saturday & Sunday | 9.00 – 5.00 |

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|        |                  |                   |             |
|--------|------------------|-------------------|-------------|
| DL1.11 | 1 & 2 October    | Saturday & Sunday | 8.30 – 4.30 |
| DL1.12 | 29 & 30 October  | Saturday & Sunday | 8.30 – 4.30 |
| DL1.13 | 12 & 13 November | Saturday & Sunday | 8.30 – 4.30 |
| DL1.14 | 3 & 4 December   | Saturday & Sunday | 8.30 – 4.30 |

## BASIC SAILING SKILLS LEVEL 2 CONVERSION – ADULTS

This course assumes that students have already mastered the skills and absorbed the background knowledge required for Start Sailing Level 1. This is the course for those beginners wishing to go on to becoming more capable sailors and is the spring board to the advanced stages of the National Sailing Scheme.

Course Fee: £143

|       |                 |                   |             |
|-------|-----------------|-------------------|-------------|
| L2C.1 | 23 & 24 April   | Saturday & Sunday | 9.00 – 5.00 |
| L2C.2 | 21 & 22 May     | Saturday & Sunday | 9.00 – 5.00 |
| L2C.3 | 23 & 24 July    | Saturday & Sunday | 9.00 – 5.00 |
| L2C.4 | 3 & 4 September | Saturday & Sunday | 9.00 – 5.00 |
| L2C.5 | 5 & 6 November  | Saturday & Sunday | 8.30 – 4.30 |

## SEAMANSHIP SKILLS – ADULTS

On completion of this course, the successful sailor will be capable of making seamanship decisions and sailing in a seamanlike manner in more difficult conditions. Prior to this course students must be at the Basic Skills Level 2 standard.

Course Fee: £143

DATES BY ARRANGEMENT (16HOURS)

## SAILING WITH SPINNAKERS – ADULTS

This is the course for those wanting the exhilaration of been capable of sailing dinghies rigged with an asymmetric spinnaker. Prior to this course students must be at the Basic Skills Level 2 standard.

Course Fee: £143

DATES BY ARRANGEMENT (16HOURS)

## SPIN TO WIN

A short introduction to Asymmetric Spinnaker techniques.

Course Fee: Adults £30, under 16 £20

|       |             |           |             |
|-------|-------------|-----------|-------------|
| STW.1 | 25 May      | Wednesday | 5.30 – 7.30 |
| STW.2 | 20 July     | Wednesday | 5.30 – 7.30 |
| STW.3 | 7 September | Wednesday | 5.30 – 7.30 |

## SAILING REFRESHER COURSE

Brush up on those rusty skills before going solo without the instructor on board. As the title suggests this refresher course is for the sailors that may not have been able to get out as much as they would have liked since they completed one of the RYA's dinghy courses.

Course fee: £75

DATES BY ARRANGEMENT (3 HOURS)

## SAILING DIRECT ASSESSMENTS

For experienced sailors this assessment will expect the student to demonstrate their sailing ability and their knowledge of the criteria set out in sections A and B from the RYA National Sailing Scheme Syllabus.

Course fee: £75

DATES BY ARRANGEMENT (2 HOURS)