

CANOEING COURSES - 2011

JUNIOR BCU 1 STAR

This course gives you the best possible introduction to paddlesport, have fun whilst learning basic boat handling skills in a variety of canoes.

Course Fee; £57

(A FEE IS PAYABLE TO THE BCU FOR CERTIFICATION)

JBCU1.1	9 & 10 April	Saturday & Sunday	9.00 – 1.00
JBCU1.2	4 & 5 June	Saturday & Sunday	9.00 – 1.00
JBCU1.3	23 & 24 July	Saturday & Sunday	2.00 – 6.00
JBCU1.4	15 & 16 August	Monday & Tuesday	10.00 – 2.00

BCU 1 STAR FAMILIES

This is a brilliant introduction to watersports for all, learn the basics of canoeing and develop great water confidence in all of our canoes.

Course Fee: Adults £73 under 16 £57 or £175 family of 3 (course's must include 1 under 16) Additional places £46 per under 16 as part of a family booking.

(A FEE IS PAYABLE TO THE BCU FOR CERTIFICATION)

FBCU1.1	21 & 22 May	Saturday & Sunday	9.00 – 1.00
FBCU1.2	16 & 17 July	Saturday & Sunday	2.00 – 6.00
FBCU1.3	3 & 4 September	Saturday & Sunday	2.00 – 6.00

BCU 1 STAR ADULTS

This weekend is a great opportunity to learn the basics of canoeing. In a variety of boats you will develop great techniques and sound boat handling skills.

Course Fee: £73

(A FEE IS PAYABLE TO THE BCU FOR CERTIFICATION)

BCU1.1	9 & 10 April	Saturday & Sunday	2.00 – 6.00
BCU1.2	4 & 5 June	Saturday & Sunday	2.00 – 6.00
BCU1.3	23 & 24 July	Saturday & Sunday	9.00 – 1.00
BCU1.4	13 & 14 August	Saturday & Sunday	10.00 – 2.00
BCU1.5	24 & 25 September	Saturday & Sunday	10.00 – 2.00

BCU 2 STAR AWARD

This very practical course builds on previous experience and introduces many new skills. This course will assume an ability to already paddle comfortably on flat water.

Course Fee: Adults £87, under 16 £71

(A FEE IS PAYABLE TO THE BCU FOR CERTIFICATION)

BCU2.1	7 & 8 May	Saturday & Sunday	10.00 – 4.00
BCU2.2	9 & 10 July	Saturday & Sunday	10.00 – 4.00
BCU2.3	10 & 11 September	Saturday & Sunday	10.00 – 4.00

BCU 3 STAR AWARD

Sharpen your ability to paddle on this course, this is the stage for you to specialise in either kayaks or open boats. You should already have the 2 Star award.

Course Fee: Adults £87, under 16 £71

(A FEE IS PAYABLE TO THE BCU FOR CERTIFICATION)

DATES BY ARRANGEMENT (16 HOURS)

CANOE SAFETY TEST

Develop the necessary skills and learn the rescue techniques to keep you and your fellow paddlers safe whilst out on the water. This course is a pre-requisite for the coaching qualifications, you should hold your 2 Star award.

Course Fee: Adults £50, under 16 £40

(A FEE IS PAYABLE TO THE BCU FOR CERTIFICATION)

CST.1	16 April	Saturday	9.00 – 3.00
CST.2	9 October	Sunday	9.00 – 3.00